

Lunch/Supper Menus

Bow Lasagna**	Broccoli Cheese Soup**	HM Chicken Nuggets**	Tuna Sandwiches	Grilled Cheese
Hamburger	Fruit Kabobs	Sweet Potato Wedges**	Watermelon	Fruit Cocktail
Green Beans	French Bread	Pear	Lettuce Salad	Carrots Sticks
Cantaloupe	Milk	Brown Rice	Bread	Whole Wheat Bread
Milk		Milk	Milk	Milk
Cheese Pizza	Ham	Scrambled Eggs	Crouton Hotdish**	Chicken Breast
Pineapple	Applesauce	Green Pepper	Hamburger	Cucumbers
Lettuce Salad	Hash Browns	Peaches	Cole Slaw	Baked Potato
Pizza Crust	Pancakes	Whole Wheat Bread	Cooked Carrots	Bread
Milk	Milk	Milk	Stuffing	Milk
			Milk	
Mini Turkey Loaf**	Parmesan Chicken**	HM Mac & Cheese	Quesadilla**	Tuna Noodle Hotdish
Mixed Vegetables	Carrots	Asparagus	Chicken	Oranges
Apple Slices	Kiwi	Banana	Sugar Snap Peas	Corn
Whole Wheat Bread	Noodles	Milk	Grapes	Milk
Milk	Milk		Tortilla	
			Milk	
Black Bean & Chicken Tacos**	Easy Pasta Bake**	Hot Dog	Tator Tot Hotdish	Sub Sandwich
Hamburger	Hamburger	French Fries	Hamburger	Ham/turkey/cheese
Strawberries	Peach Slices	Kiwi	Jicama	Lettuce
Tortillas	Asparagus	Hot Dog Bun	Blueberries	Mango
Milk	Noodles	Milk	Biscuit	Bun
	Milk		Milk	Milk

**** Recipes on Web page and in the SENDCAA Cookbook**



Breakfast Menus

Waffles Orange Slices Milk Sausage	Oatmeal Grape Juice Milk	Cold Cereal Orange Juice Milk	Cinnamon Rolls Apple Slices Milk	Breakfast Pizza** Kiwi Milk
Cornbread Mango Milk Ham	Blueberry Muffin Strawberries Milk	Pancakes** Applesauce Milk Scrambled Eggs	Cinnamon Toast Banana Milk	Cold Cereal Apple Juice Milk Cheese Stick
Oatmeal Muffin** Pineapple Chunks Milk	Cold Cereal Cranberry Juice Milk	Toast Pineapple Juice Milk Boiled Egg	Blueberry Bread** Cantaloupe Chocolate Milk Yogurt	Malt O Meal Banana Milk
Caramel Rolls** Fresh Fruit Cup Milk	Yogurt Grahams** Blueberries Milk	Bagel Grapes Milk	Flowerettes** Grapefruit Slices Milk	English Muffin Mandarin Oranges Milk Peanut Butter

Snack Menus

Blueberry Muffin Milk	Goldfish Crackers Apple Slices	Banana Pops** Toast	Apple Smiles** Saltines	Cinnamon Toast Strawberries
Applesauce Icy** Graham Cracker	Cheesy Wheats** Milk	Chocolate Chip Cookie Peach Slices	Cottage Cheese Dip** Orange & Red Pepper	Teddy Grahams Milk
Icy Oranges** English Muffin	Brownie Milk	Puppy Chow** Apple Juice	Orange Julius** Cinnamon Bread	Fruit Salsa** Cinnamon Chips**
Yogurt Pops** Bagel	Peanut Butter Toast Fresh Pineapple	Tortilla Roll- up** Grapes	Banana Chocolate Chip Bread** Chocolate Milk	Cinnamon Pull- Apart** Peaches

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